

IKIPSA CON 2026

Kairali Plastic Surgeons' Association 37th Annual Conference Thiruvananthapuram

Jointly organized by

**DEPARTMENT OF PLASTIC SURGERY
GMC THIRUVANANTHAPURAM
&
TRIVANDRUM PLASTIC SURGEONS CLUB**

DATE

15-16-17 MAY 2026



POOVAR ISLAND RESORT

K.P. VII/911, Pozhiyoor,
Kulathoor, Kerala 695513, India

Welcome to KPSACON 2026

Dear Esteemed Colleagues and Plastic Surgeons, The Trivandrum Plastic Surgeons Club (TPSC) and Department of Plastic and Reconstructive Surgery, GMC, Thiruvananthapuram are honored to welcome you to KPSACON 2026, the annual state conference of the Kairali Plastic Surgery Association (KPSA). This year, we gather to celebrate our shared pursuit of surgical excellence in an environment as inspiring as the work we do. We have meticulously designed a scientific program that balances academic rigor with clinical innovation. From complex reconstructive challenges to the latest advancements in aesthetic surgery, the symposiums and interactive sessions are curated to spark dialogue and offer fresh perspectives on the evolving landscape of our specialty.

Experience the magic of Poovar Island. Beyond the academic discourse, we invite you to immerse yourself in the serene splendor of the Poovar Island Resort. Nestled where the sea, river, and backwaters meet, this unique venue offers a tranquil escape from the operating room. Discover the Estuary: Witness the breathtaking point where the Neyyar River joins the Arabian Sea. Tranquil Backwaters: Drift through emerald mangroves and golden sands on a traditional boat cruise. Relax and Rejuvenate: Experience the legendary hospitality of Kerala in a setting that epitomizes peace and natural beauty. Join us for this extraordinary confluence of knowledge, fellowship, and scenic wonder. Let KPSACON 2026 be a time for professional growth and personal rejuvenation in the heart of God's Own Country. We look forward to welcoming you to Poovar

Warm Regards,

Organizing Committee, KPSACON 2026 PATRONS

Dr Padmakumar
Dr Nandakumar U R

Dr Kasthoori
Dr Saffia P M

Dr Komal Rani T

ORGANISING COMMITTEE

Dr Jayasekhar MS
Chairperson

Dr Premlal AP
Secretary

Dr Asish Daniel
Treasurer

Members

Dr Unnikrishnan , Dr Shenol, Dr Aabha Das, Dr Lisha



15th May 2026, Friday

Prof. P. A. Thomas Memorial CME

- 10:00 am Tea / Coffee
- 10:10 am to 10:30 am Inauguration
- 10:30 am to 1:00 pm **1st Session- CME Lectures.**
*Chairpersons: **Dr Vijayakumar P, Dr Jayakumar R, Dr Sabu C P**
- 10:30 am to 11:00 am Fundamentals of plastic surgery: From basics to complex reconstruction
Dr Lakshmi.M, Prof. & HOD Plastic Surgery, Govt. Medical College, Kottayam
- 11:00 am to 11:30 am Approach to complex craniofacial trauma and its reconstruction
Dr. Philip Philip Puthumana, Senior Consultant Plastic Surgeon, Caritas Hospital, Kottayam
- 11:30 am to 12:00 pm Microsurgical intervention in lymphedema
Dr Ashok B.C, HOD Plastic Surgery, Director Medical Services, Aster Whitefield Hospital, Bangalore
- 12:00 pm to 12:30 pm Functional reconstruction of upper limb
Dr.Abraham Thomas, Senior Consultant, Plastic Surgery, Meitra Hospital, Calicut
- 12:30 pm to 1:00 pm Challenges faced during mastering Free flap surgery
Dr.Kishore.P, Prof of Plastic Surgery, Amrita Institute of Medical Sciences, Kochi
- 1:00 pm to 1:30 pm **LUNCH**

- 1:30 pm to 2:30 pm **2nd Session**
*Chairpersons: **Dr Ulanat Nandakumar, Dr Praveen N**

- 1:30 pm to 2:00 pm Periorbital rejuvenation
Dr Sundeep Vijayaraghavan, Prof & HOD, Plastic Surgery, Amrita Institute of Medical Sciences, Kochi
- 2.00 pm to 2.30 pm Integrating Hyperbaric Oxygen Therapy into Plastic Surgery: Current trends and outcomes
Dr Pradeoth and team- Jubilee Mission Hospital, Thrissur
- 2:30 pm to 4:00pm **3rd Session**
Video presentations
- *Chairpersons: **Dr Sreelal, Dr Deepak Aravind**
- 2:30 pm to 2:45 pm Toe Transfer
Dr G Karthikeyan, Director & Senior Consultant, ICAPS, SIMS Hospital, Chennai
- 2:45 pm to 3:00 pm Tendon transfer for radial nerve palsy
Dr Gopika Jith, Consultant Plastic Surgeon, Sushruta Centre for Advanced Plastic Surgery, Trichur
- 3:00 pm to 4:00 pm **Breast oncoplastic session**
*Chairpersons: **Dr Sankar Das, Dr Sinnet Roy**
- 3:00 pm to 3:15 pm Introduction to oncoplastic surgery of the breast
Dr Amrita Rao, Consultant Plastic Surgeon, SUT Hospital, Pattom, Visiting Consultant Microvascular surgeon RCC Trivandrum
- 3:15 pm to 3:30 pm Breast oncosurgery with LD flap
Dr. Jayachandran, Consultant Plastic, Hand and Microsurgery, Caritas Hospital, Kottayam

3:30 pm to 3:45 pm Chest wall perforator flaps for partial breast reconstruction-
Dr. Gigy Raj. K, HOD Plastic, Reconstructive & Microvascular surgery, Rajagiri Hospital, Kochi

3:45 pm to 4:00 pm Therapeutic mammoplasty-
Dr. Ashok B C, HOD Plastic Surgery, Director Medical Services, Aster Whitefield Hospital, Bangalore

4:00 pm to 4:30pm E poster competition trainees

4:00 pm to 6:30 pm **Boating.** (Boating through the mangroves is available at the resort. Those who want to avail it, may do so at their own expense)

7:00 pm to 8:00 pm Entertainment

8:00 pm DINNER

16th May 2026, Saturday

8:30 am to 10:00 am **1st Session - Guest Lectures**
***Chairpersons:** **Dr Aniraj R, Dr Lekshmi M**

8:30 am to 9:00 am Pathway of bench to bedside research: The story of "Nanotex"-bone substitute
Dr. Subramania Iyer, Chairman and HOD, Dept of Head and neck Surgery and Oncology, Plastic and reconstructive Surgery, Craniomaxillofacial surgery, AIMS, Kochi

9:00 am to 9:10 am Nanofat as a regenerative adjunct for acute wound healing: Dual arm experimental and clinical study
Dr Tarush Gupta, Additional Professor, Dept of Plastic Surgery, PGIMER, Chandigarh

9:10 am to 10:00 am - Long Free papers for Practising Plastic Surgeons

***Chairpersons:** **Dr M S Jayashekar, Dr Sheeja Rajan**

9:10 am to 9:20 am Superiorly based nasolabial flaps for reconstruction of maxillectomy defects
Dr Shaji Thomas, Consultant surgical oncologist, Head and neck dept, RCC, Trivandrum

9:20 am to 9:30 am Arteriovenous Fistula Creation: A 27-year experience with over 22,000 procedures
Dr Aniljith V G, Senior Consultant Plastic Surgeon, Sushruta Centre for Advanced Plastic Surgery, Trichur

9:30 am to 9:40 am Reconstruction of a postburn hypoplastic breast with nipple areolar complex displacement to axilla in a young girl
Dr Aniljith V G, Sushruta Centre for Advanced Plastic Surgery, Trichur

9:40 am to 9:50 am Functional parameters of radial artery on the outcome of radiocephalic Arteriovenous fistula
Dr Paul Joyce, Senior resident, Government Medical College, Kottayam

9:50 am to 10:00 am Advancing wound closure: The versatility of islanded VY perforator flaps
Dr Joyal Jose, Consultant Plastic Surgeon, Believers Church Medical College hospital, Thiruvalla

10:00 am to 10.10 am Coffee break

10:10 am to 10:50 am 2nd Session - Best Paper Award for Practising Plastic Surgeons

***Chairpersons:** **Dr Manesh Senan,
Dr Manoj Kushra**

10:10 am to 10:20 am Form and Contour: Our Experience with Traumatic Soft Tissue Facial Injuries at a Tertiary Care Centre
Dr Fenil Raju Abraham, Asst Prof, Dept Plastic Surgery, Amala Institute of Medical Sciences, Thrissur

10:20 am to 10:30 am Entrapment neuropathy of ulnar nerve: case scenarios
Dr Arathy Antharjanam, Consultant Plastic Surgeon, BMH Payannur, Sunrise hospital, Kanjagad

10:30 am to 10:40 am Triple clip anastomosis technique for venous coupling: video demonstrations and guide for managing large vessel diameter mismatch
Dr Sinnet Roy, Lakeshore Hospital, Kochi

10:40 am to 10:50 am Partial necrosis in free gracilis muscle flaps and how you deal with it
Dr Jijo Joseph, Consultant Plastic Surgeon, Malabar Medical College

10:50 am to 11:15 am 3rd session - Short free papers for Practising Plastic Surgeons

***Chairpersons:** **Dr Renjith Satyan,
Dr Renji Issac James**

10:50 am to 10:55 am Axillary Hidradenitis
Dr Jayakrishnan Kalady, Senior Consultant Plastic Surgeon, Amala Institute of Medical Sciences, Trichur

10:55 am to 11:00 am Bridging the Gap: Median nerve reconstruction with sural nerve and vein grafts following tumour resection
Dr Fenil Raju Abraham, Asst Prof, Dept of Plastic Surgery, Amala Institute of Medical Sciences, Trichur

11:00 am to 11:05 am Plasticine ear moulding to enhance undergraduate learner engagement & understanding auricular anatomy: A low cost teaching innovation
Dr Anu Anto Kallery, Asst Professor, Dept. of Plastic Surgery, Govt. Medical College, Calicut

11:05 am to 11:10 am Fulminant Facial Mucormycosis in the pre-COVID era
Dr Aniljith V G, Sushruta Centre for Advanced Plastic Surgery, Trichur

11:10 am to 11:15 am Perseverance in free flap surgery: Salvage, Revision and the value of not losing heart
Dr Fenil Raju Abraham, Asst Professor, Dept of Plastic Surgery, Amala Institute of Medical Sciences, Thrissur

11:15 am to 11:30 am 4th session - Rare Cases in my practice

***Chairpersons:** **Dr Manoj G, Dr Navien Issac**

11:15 am to 11:20 am Rare cases- Penile replant 30 yrs ago-
Dr Abraham Thomas, Senior Consultant, Plastic Surgery, Meitra Hospital, Calicut

11:20 am to 11:30 am Rare cases- Two challenging cases of chest wall reconstruction
Dr Gigy Raj, HOD Plastic, Reconstructive & Microvascular surgery, Rajagiri Hospital, Kochi

11:30 am to 1:00 pm **5th Session PK Appukuttan Memorial Kpsa Symposium**

Topic Rhinoplasty-
Convenor Dr Aniraj R- Senior Consultant, NIMS Neyatinkara, Prev HOD, Govt Medical College Trivandrum

11:30 am to 11:45 am Rhinoplasty- Relevant anatomy, physiology and surgical approaches-
Dr Sabu C P, Associate Prof, Govt Medical College, Trivandrum

11:45 am to 12:00 pm Cleft Rhinoplasty-
Dr R Jayakumar, HOD and Sr Consultant, Cosmetic and microvascular surgeon, Specialists's Hospital, Kochi

12:00 pm to 12:15 pm Closed Rhinoplasty-
Dr Jyoshid Balan, Consultant Plastic Surgeon, Sushruta Institute of Plastic Reconstructive and Aesthetic Surgery, Thrissur

12:15 pm to 12:30 pm Open structural rhinoplasty in Indian Noses-
Dr Shenol Sasankan, Consultant Plastic Surgeon, Cosmetiq Hospital, Trivandrum

12:30 pm to 12:45 pm Preservation Rhinoplasty
Dr Tarush Gupta, Additional Professor, Dept of Plastic Surgery, PGIMER, Chandigarh

12:45 pm to 1:00 pm Structural vs Preservation rhinoplasty
Dr Tarush Gupta
Dr Shenol Sasankan
Dr Jyoshid Balan

1 pm to 2 pm - LUNCH

2:00 pm to 3:30 pm **6th session**
2:00 pm to 2:45 pm **Panel Discussion on Burns**

2:00pm to 2:10 pm Evolution of Skin Banks in India-
Dr Sunil Keswani (Moderator) Medical Director, National Burns Centre, Navi Mumbai

2:10pm to 2:20 pm Early excision with Hydrosurgery
Dr. Shyamnath Krishna Pandian, Consultant Plastic Surgery, ICAPS, SIMS, Chennai

2:20 pm to 2:30 pm Infrastructure development for a burn unit
Dr G Karthikeyan, Director & Senior Consultant, ICAPS, SIMS Hospital, Chennai

2:30 pm to 2:40 pm Burn wound infection management- Air Comd (retd)
Dr Pauline Babu, Sr.Consultant – Plastic and Reconstructive Surgery, Mar Sleeva Medicity, Pala

2:40 pm to 2:50 pm Skin Substitutes-
Dr Shyamnath Krishna Pandian, Consultant Plastic Surgeon, ICAPS, SIMS, Chennai

***Chairpersons:** **Dr Komalarani, Dr Kishore**

2:50 pm to 3:20 pm Guest Lecture - Birth Brachial Plexus Injury: Sushrutha Protocol
Dr. Ajai, Consultant Plastic Surgeon, Sushruta Institute of Plastic Reconstructive and Aesthetic Surgery, Thrissur

3:20 pm to 3:30 pm **Tea break**

3:30 pm to 3:40 pm Negative Pressure Wound Therapy and Its Variants Across Diverse Clinical Settings: Start Smart with Veraflo Therapy
Dr Pradeoth, Professor & HOD, Plastic Surgery & Burns, Jubilee Mission Medical College, Trichur

3:40 pm to 4:25 pm

Panel Discussion - Plastic Surgery Practice - What has changed?

Dr Sheeja Rajan, Prof. & HOD Plastic Surgery, Govt. Medical College, Calicut (**moderator**)
Panelists-

Dr N C Sreekumar,
Dr MS Jayasekhar,
Dr Gigy Raj K,
Dr Jyoshid Balan,
Dr Anu Anto Kallery,
Dr Shenol Sasankan,
Dr Roshjo Roshan

5:pm

General Body meeting

6:30 pm

Inaugural Function

7:30 pm

KPSA Oration-
Dr M S Jayasekhar

8:00 pm

Fellowship & Gala Dinner with Entertainment

17th May 2026, Sunday

8:00 am to 8:40 am

***Chairpersons:**

1st session

Dr Subramanian Iyer,
Dr Binod

8:00 am to 8:30 am

Guest Lecture - Robotic reconstructive surgery
Dr. Bipin Varghese, Prof. of Head & Neck Surgery, and HOD Surgical Services, RCC, Trivandrum

8:30 am to 8:40 am

Suprafascial ALT free flap: Redefining precision through preoperative Doppler perforator assessment mapping
Dr Tarush Gupta, Additional Professor, Dept of Plastic Surgery, PGIMER, Chandigarh

8:40 am to 9:50 am

2nd Session
Best Paper Session for PG Trainees

***Chairpersons:**

Dr Arathy Antharjanam,
Dr Samson

8:40 am to 8:50 am

A comparative study to assess outcome of the WALANT technique versus regional anaesthesia under tourniquet in zone 5 flexor tendon repair
Dr Gokul C M

8:50 am to 9:00 am

Our experience in using acellular dermal matrix in AV fistula repair
Dr Basima

9:00 am to 9:10 am

Revisiting distally based muscle flaps for reconstruction of distal leg and ankle defects in the era of microsurgery: Our experience
Dr Thasneem E A

9:10 am to 9:20 am

Patient-reported satisfaction and quality of life outcomes following gender-affirming chest masculinization surgery in transmasculine individuals
Dr Sumi Rajappan

9:20 am to 9:30 am

Islanded nasolabial flap in reconstruction of oral cavity defects: A versatile and reliable reconstructive option
Dr Boney George Joseph

9:30 am to 9:40 am

Use of Artificial Intelligence in flap monitoring using thermal camera –
Dr Sheyon Y

9:40 am to 9:50 am

Structural Rhinoplasty in Crooked Nose: Achieving stable functional and aesthetic outcomes in severe nasal deviation –
Dr Shaik Zuveiya Zasreen

9:50 am to 10:00 am **3rd session**
***Chairpersons:** **Dr Cyril Joseph, Dr Premlal**

9:50 am to 10:00 am Flexor Tendon Surgery: Why It Humiliates Even Experienced Surgeons
Dr G Karthikeyan, Director & Senior Consultant, ICAPS, SIMS Hospital, Chennai

10:00 am to 10:10 am Dermal Matrix: the way forward
Dr Sundeep Vijayaraghavan, Prof & HOD, Plastic Surgery, Amrita Institute of Medical Sciences, Kochi

10:10 am to 10:20 am **Coffee break**

10:20 am to 11:05 am **4th Session**

10:20 am to 11:05 am Panel Discussion on Lower limb reconstruction – by GMCT Plastic Surgery Dept
Dr Premlal (Moderator)

Panelists- **Dr Binod, Dr Sabu, Dr Aabha D S**

11:05 am to 11:20 am **4th Session Free Paper Session for PG trainees**

***Chairpersons:** **Dr Asish George Daniel, Dr Amrita Rao**

11:05 am -11:10 am - Comparative study of locally administered autologous platelet rich plasma and collagen dressing on healing of split thickness skin graft donor site
Dr Ram Kesav

11:10 am to 11:15 am Management and reconstruction of hand necrotizing fasciitis secondary to a rare bacteria
Dr Sheyon Y

11:15 am -11:20 am Axillary hidradenitis- Management: multimodal and multidisciplinary approach
Dr Kritin Kondeti

11:20 am to 12:20 pm Plastiquiz –
Dr Manesh Senan, Senior consultant, KIMS Hospital, Trivandrum

12:30 pm **Valedictory & Lunch**

KPSACON 2026

Thiruvananthapuram

INAUGURAL FUNCTION

16 MAY 2026 6:30PM

- Prayer
- Welcome address - **Dr Jayasekhar S**, Chairman, Organizing Committee
- Presidential address - **Dr Cyril Joseph**, President, KPSA
- Inauguration and Inaugural address - **Dr Mohan Kunnummel** Vice Chancellor, KUHS
- Honouring - **Dr Dinesh Bhandari**
- Felicitation - **Dr Viswanathan K V** DME, Kerala
Dr P K Jabbar Principal, GMC Tvm
Aby George Secretary Swasthy Foundation NGO
- PRIZE DISTRIBUTION
- Vote of Thanks - **Dr Premlal A P** Secretary, Organizing committee

Honouring Pioneers of Plastic Surgery in Kerala by KPSA

- Dr Jose Tharayil
- Dr Kasthoori Bai
- Dr Padmakumar
- Dr U R Nandakumar

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